



FROM: Lois Sanders

TO: Frankie

Hi Frankie,

I'm Maggie's friend who teaches public health. She told me that you guys have been making smoothies for the folks at Reps. Sounds like a really fine idea. I know Maggie thinks you're doing a great job with it.

So I'm writing because Maggie asked me to send along some information about food-borne illnesses. It's a subject that most people don't think about, but it's really important (and it happens to be my specialty in public health). Unfortunately, even the healthiest, most nutritious food can carry bacteria that can make us sick. And we've seen that lately with the outbreak of Listeria in strawberries. The good news, though, is that there are things we can do to make sure the food we eat doesn't make us sick. You can check out this website to learn more: <http://www.goodhealth.org/foodborne>

I hope this will be a good resource for you and the other folks at Reps who make the smoothies, Frankie.

And please get back to me if you have any questions. I'd be happy to do whatever I can to help you and Maggie and Reps.

Best,

Lois
Lois Saunders, Ph.D.
State University School of Public Health